

Celebrating 100 Years of Outstanding Education

1916-2016

September 2016

Duclos News

www.duclosschool.ca T: 780-826-3992 Email: duclos@nlsd.ab.ca

"Developing Mind and Character in a Safe, Caring and Learning Environment"



Welcome Back! SHINE with us!

We welcome you to Duclos School for the 2016-2017 school year. We welcome new students and families to our school and to the Bonnyville community. The staff of Duclos School looks forward to the new school year and to providing a great school experience and successful year for your children.

The staff at Duclos School works together with students and parents to create an environment that is safe and caring, with many opportunities to SHINE! Duclos School is a supportive, open and inviting school. Duclos is a place to enjoy learning, laughter, and school life. We want success for all students.

We value the support and contributions of parents and families. We believe in open communication and parents are always welcome. Please feel welcome to stop by the school or to contact us.

Duclos School is proud to be part of the Bonnyville community for over 100 years. We were excited to celebrate the Duclos Centennial in 2016! We look forward to new opportunities and adventures, and to the joy that comes from learning new things and being part of the Duclos Family.

We welcome 5 new teachers to our school family: Melanie Driedger, Rhea Peterson, Grace Nickless, Berlinda March and Travis Symon

We wish everyone the best school year ever in 2016 - 2017!

Duclos School Student and Parent Handbook 2016 – 2017

For a great overview of information, policies and procedures *****All About Duclos School***** please see our school Handbook. We sent out links on Facebook and Twitter for you to follow. Or please visit our website: duclosschool.ca Click on documents to see the Duclos Handbook.



Upcoming Events

Sept 1

First Day of Class for Grades 1 to 4 Students

Kindergarten Parent Meeting in individual classrooms at 6:30 pm in the Kindergarten Wing, Class Lists shared with parents

Sept 2

Kindergarten Open House Meet and Greet (students meet the teacher; parents sign up for this at the Parent Meeting on September 1)

Sept 5

Labour Day – No School

Sept 6 & 7

Kindergarten Staggered Entry for Students (parents will find out which day their child attends at the Parent Meeting on September 1)

Sept 8

First Day for All Kindergarten Students

Welcome Back Literacy Night



Duclos is excited to be hosting Family Literacy Night on Monday, September 19 from 6 p.m. to 7:30 p.m. There will be literacy activities for the whole family to enjoy, including a story with milk and cookies. Watch for information coming home soon! Welcome back to school. Let's all read together!

Medical Alert

If your child has any special medical needs or allergies that we should be aware please notify the school about it as soon as possible. **Remember: We are a PEANUT FREE School!**

Garbage Pick Up in the Town of Bonnyville

Notice to Duclos Parents and Families: Garbage pickup in town has changed to street front garbage cans with street front pick up once per week. In the Duclos School neighbourhood this will happen on Mondays or on Tuesdays (when Monday is a holiday). For example, on 52 avenue in front of Duclos School the large green garbage bins will be out on the street one day per week in front of our neighbours' homes. This new garbage pickup system will affect parking. The bins will be on the street for homes around our school until the residents move them. Be courteous, be careful. The bins may be there in the morning and in the afternoon when you arrive at school. The bins remain there until the residents have time to move them. Please be respectful and careful when parking around the school. Thank you.

Duclos School Council

Duclos School welcomes the participation of parents. The first School Council meeting of the year is on Tuesday, September 27 at 6:30 p.m. in the staff room. Parents wishing to serve on the council are encouraged to attend the meetings and to become involved. The School Council meets several times during the year and meetings are attended by interested parents, the principal, assistant principal, and staff representatives. The council serves as an advisory body to the administration of the school and we welcome the input of the parent community.

Sept 13

School Pictures

Sept 19

Family Literacy Night 6:00 pm to 7:30 pm

Sept 27

School Council Meeting at 6:30 pm

Sept 30

Duclos Annual Cancer Run and Walk at 2:00 pm

School Clothing

Don't forget to order your School Clothing at <https://duclos.thinkwerx.com/> and receive 5% off!

Paper forms are available at the front office.

Orders are due on Sept. 30

Concession

Daily concession is available to students from 11:59 am - 12:15 pm

Hot Lunch

Hot lunches will be available each Thursday. Please pay online.

Milk Program

Duclos School milk program begins in October. Please pay online.

Attendance Reminder

If your children will not be attending school on any given day, because of illness or a family emergency, please be sure to phone the school (780-826-3992) and let the office know. This way we can ensure that every child is safe and accounted for. For your convenience we have voicemail available from 4:00 pm to 8:30 am. We thank parents for taking time to call us when your children are absent. We work to ensure the safety of all students.

Duclos Absentee/Late Check Program: If the school is not aware of a student's whereabouts, we have a regular safety check program. If the school does not know where a late or absent child is the home will be called to confirm the safety of the child. This is for the care of all students.

Drop Off and Pick Up Times at Duclos

The first bell rings at 8:40 am – this is the time for students and staff to go the classrooms.

Classes begin at 8:43 with morning activities and attendance, please have students at school by 8:40.

The day ends at 3:20, this is when children should be picked up, this is when the school day ends. Teachers do not let the children go early without prior arrangements.

In the morning the doors are opened in three locations at 8:15 am: the main front door, the middle door facing 52nd avenue, the kindergarten door at the east end. These three doors open at 8:15 am and remain open until 9 a.m. After 9 a.m. the only door open during the school day is the main front door by the school office. In the afternoon the same three doors are opened at 3 p.m.

We welcome all our children and will not leave them outside unattended. Please drop your children off between 8:15 and 8:40 a.m. Please note that the doors are not open earlier than 8:15. Students are expected to wait inside at the entrances until our staff has arrived and supervision begins. Children should not be inside the school unsupervised before 8:15. We have supervision inside the school after the doors open and up to 8:40 when children are with their teachers in the classrooms. Thank you for your cooperation.

Handicapped Parking Stalls

There are two handicapped parking stalls at Duclos. One at the east end doors by Kindergarten rooms. One on 52 ave near the main doors. Please respect these parking stalls, they are needed daily by students and families. Thank you.



Duclos Website

Please sign up for our Newsletter by visiting our website at:
duclosschool.ca

Twitter

Duclos has a Twitter account! Be sure to follow us for updates!
[@DuclosSchool](https://twitter.com/DuclosSchool)

Facebook

Please feel free to "Like" us on Facebook. You can find us at **[Duclos School NLSD #69](#)**.



My Parent Read the Newsletter Contest

Students - Ask your parents to read the newsletter, and fill out this entry. Please return this entry to Duclos School. Entries go into a draw and lucky winners choose a prize from the Treasure Box at the assembly. Good Luck! If you have an emailed newsletter, you can print and send in the entry, or send a note paper with:

Student's Name: _____

Classroom: _____

Parent's Signature: _____

Eating a Healthy Breakfast

With our busy lifestyles, breakfast is often the first meal we skip. Why is breakfast important? A balanced breakfast provides fuel and nutrients for our body and mind to function. Studies show that children who eat breakfast participate in more physical activity, score higher on tests, and experience a better mood. Continually missing breakfast can be harmful to your child's ability to learn and interact well with others. We know that healthy breakfast habits are linked to more energy and better learning. It makes sense to take time for breakfast – the rewards are long-term.

Duclos Annual Cancer Run and Walk

We are excited to be participating in the Duclos Annual Cancer Run and Walk. This will take place at Duclos School on September 30th from 2-3pm. All funds raised will be going directly to the Bonnyville Community Cancer Centre. Fundraising events are a special way to honor and support our loved ones and all Albertans facing cancer. Together, we can power change and accelerate discovery right here at home. Pledge forms will be coming home with students on Monday, September 12th. Please return forms and donations by September 30th. Thank you for your support!



Tidbits

School Bus Zones

Reminder to parents that our bus zones are in effect from 8 – 9 a.m. and 3 – 4 p.m. Please do not park in the designated school bus zones during these times. Thanks for helping our buses move easily and for respecting the bus zone. For your convenience, there is a parent drop-off and pick-up lane on the west side of school.

School Fees

If you have not yet paid your school fees, please be sure to do so as soon as possible to ensure that your child receives their school supplies.

For your convenience please sign up for School Cash Online: <https://nlsd.schoolcashonline.com/>

Or ask about it at the office.



Roots of Empathy – Sponsored by Cenovus

Roots of Empathy has been delivered to Grade 4 students in Duclos School for the past several years. "Roots of Empathy is an evidence-based classroom program that has shown significant effect in reducing levels of aggression among school children while raising social/emotional competence and increasing empathy. "

"At the heart of the program is a neighborhood infant and parent who visit the classroom every three weeks over the school year. A trained Roots of Empathy Instructor coaches students to observe the baby's development and to label the baby's feelings. The baby is the "Teacher". The instructor uses the baby to help children identify and reflect on their own feelings and the feelings of others. This "emotional literacy" taught in the program lays the foundation for more safe and caring classrooms, where children are the "Changers". They are more competent in understanding their own feelings and the feelings of others (empathy) and are therefore less likely to physically, psychologically and emotionally hurt each other. In the Roots of Empathy program children learn how to challenge cruelty and injustice. Messages of social inclusion and activities that are consensus building contribute to a culture of caring that change the tone of the classroom. The Instructor also visits before and after each family visit to prepare and reinforce teachings. Research results from national and international evaluations of Roots of Empathy indicate significant reductions in aggression and increases in pro-social behavior."



This school year we may not be able to deliver Roots of Empathy in our grade four classrooms. We need more trained classroom instructors. The commitment of the program is to spend one hour/week in a grade four classroom for approximately 18 weeks. Training to be a Roots of Empathy instructor takes place in Barrhead on October 4-6th. The cost of the training is covered. If you would like more information on becoming a Roots of Empathy instructor please come into the school and chat with Miss Hesterman or simply call the school.



Read to Succeed

As the great children's author Dr. Seuss said: "The more you read, the more you know."

Duclos School believes that all students must read daily.

Duclos School promotes regular at home reading for all students. Reading is a partnership between home and school. We want to increase students out of school reading. We want our students to become independent readers who read for fun, pleasure and information. At home reading is a critical part of language learning. To improve reading skills students need regular practice. Daily at home reading puts students on the path to developing a strong reading habit. We encourage you to **"READ TO SUCCEED"** with your children and work with them to become life-long readers who love books and love to read!

Read with your children every day. Come to our Family Literacy Night on Monday, September 19th at 6 pm to 7:30 pm.

Thank You!

Thank you very much to the **Duclos Centennial Committee** for the work done to prepare for the **Duclos School Centennial Celebrations** held this year. The big celebrations held July 30-31, 2016 were a huge success thanks to the enthusiasm and commitment of the committee. Thanks for sharing your talents. Thanks for celebrating with so many others the proud history of Duclos School. **Congratulations Duclos School! Happy One Hundred Years!**

Thank You!

Thank you very much to those who helped with the **Duclos Centennial Float in the Canada Day Parade**.

Thanks to the Duclos children who rode on our float! Thanks to Buddy the Bulldog for coming along!
Thanks to Ducharme Motors and Byron Johnson for the bright red Ford truck!
Thanks to Lauden Plumbing Services for the use of the trailer and the shop!
Thanks to the Duclos School Council for helping make the float and for walking the route!
Thanks to the Duclos staff members for helping make the float and for walking the route!

Congratulations Duclos School!

Please Respect the Crosswalks. Thank you.

Please use designated crosswalks. Do not cross 52 avenue at any other location. It is dangerous to have children or adults crossing between vehicles or between buses.

52 avenue is very busy at drop off and pick up times. For everyone's safety, please use the crosswalks.

School Cash Online – Important Message

Northern Lights and Duclos School Cash Online system is up and running for the 2016-2017 school year. In order to streamline ordering, all hot lunch orders starting in January 2016 will be done online only.

You can order online at <https://nlsd.schoolcashionline.com/>

Or you can go directly to this website by clicking the link for School Cash Online from our school website: <http://duclosschool.ca/>

Signing up for your School Cash Online account is easy. You need your child's Alberta Student Number (ASN). You can get this number by calling our school office, or find it located on the student's progress report, or ask your child's teacher.

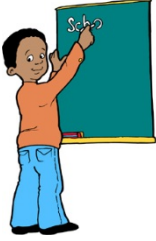



New items will be added to the School Cash Online system as we go through the year: field trips, school clothing, skiing, swimming, etc.

Please get signed up now and enjoy the convenience. Call and speak to Elaine or Carmen for more information or to ask questions: 780-826-3992



Positive Behavior At Duclos School




Duclos School	Be Respectful	Be Responsible	Be Safe
 <p>Classrooms</p>	<ul style="list-style-type: none"> • Active learning • Attentive listening • Inside voices • Wait your turn • Be kind and helpful 	<ul style="list-style-type: none"> • Follow instructions • Be there be ready • Show self-control • Care for property of self, others and school • Try your best 	<ul style="list-style-type: none"> • Hands to yourself • Wear inside shoes • Ask to leave the room • Listen to staff • Walk
 <p>Playground</p>	<ul style="list-style-type: none"> • Share and take turns • Use kind words • Be a good friend • Hands and feet to self 	<ul style="list-style-type: none"> • Take care of property and Nature's Garden • Return equipment • Keep school yard clean • Come in when the bell rings 	<ul style="list-style-type: none"> • Play safe • Stay in assigned zones • Hands and feet to yourself • Report injuries to an adult • Use equipment and toys properly
 <p>Bathrooms</p>	<ul style="list-style-type: none"> • Flush the toilet • Be patient • Line up and knock before entering • Clean up after yourself 	<ul style="list-style-type: none"> • Take 2 <ul style="list-style-type: none"> • 2 minutes in the bathroom • 2 pumps of soap • 2 pumps of paper towel • Be independent • Wash hands for as long as it takes to sing the ABC's 	<ul style="list-style-type: none"> • Wash your hands – Sing the ABC's • Clean up your mess • Walk to and from the bathroom • Keep your feet on the floor
<p>Hallways/Bootrooms</p> 	<ul style="list-style-type: none"> • Walk and talk quietly • Stay within personal space • Wait your turn • Hands and feet to self 	<ul style="list-style-type: none"> • Keep bootrooms clean • Keep hallways clean • Place footwear neatly on the shelf 	<ul style="list-style-type: none"> • Walk on the right hand side • Keep feet and shoes on the ground • Use your hands to put your shoes away





Safe and responsible
Help others
Independent
Never give up
Empathy

 *Shine with us!*



Positive Behavior Supports for Duclos Students: “Be Respectful; Be Responsible; Be Safe”

At Duclos we have a positive social culture with common language, common experiences, and common vision and values. We believe in a school-wide positive behaviour support system. With this approach we teach and address behaviours in a supportive way to preserve the dignity of children. We seek to achieve social and academic success for all students.

The Duclos mantra, “SHINE!”, is used daily with students as a teaching tool at school, and at home. It is a quick reminder for students, staff, family and visitors about what Duclos stands for and how we can all SHINE!

The Positive Behaviour at Duclos School chart (page 4 of the newsletter) is used to reinforce and teach students to be respectful; responsible; and safe in all areas of our school. It is used as a regular teaching tool in the school and can be used to reinforce positive behaviours at home. This chart was created with input and support from students, parents, and staff. These tools are used as a model for positive behaviour by everyone at Duclos and all our families and visitors.