



Duclos News



February 2018



www.duclosschool.ca T: 780-826-3992 Email: duclos@nlsd.ab.ca

“Developing Mind and Character in a Safe, Caring and Learning Environment”



Groundhog Day- February 2

February 2 brings the most-watched weather forecast of the year and the only one led by a rodent. Legend has it that on this morning, if a groundhog can see its shadow, there will be six more weeks of winter. If it cannot see its shadow, spring is on the way.

Northern Lights Early Dismissal – at noon on Wednesday, February 14

Students bring lunch to eat from 11:36 am to 11:59 am.
Students get ready to dismiss at 12 noon sharp.
Plan to pick up your children at noon.
Buses leave shortly after noon to take students home.

2018 Ski Trips

Kinosoo Ridge Ski Trips are fast approaching! We have scheduled four days so everyone can enjoy a great ski day. If we need to cancel due to extreme cold weather, we will reschedule with Kinosoo.

February 21	February 28	March 1	March 15
1S	1J	1G	1P
2S	2H	2F	2P
2N	3D	3M	3W
3LG	4L	4IS	4S
4ME	4M		

Duclos School Council Meeting and Duclos – HEB Support Group Foundation (Duclos Sub Committee)

Wendy McInnes is the Duclos School Council Chair for the 2017-2018 school year.

You can email Wendy at w.m.b.m@hotmail.com



Please email Wendy by February 20, 2018 with suggested school council agenda items to be considered for the next meeting.

The next meeting is on Tuesday, February 27, 2018 at 6:00 p.m.

Upcoming Events

February 2
Groundhog Day

February 7
Duclos School Spirit Day

February 8
Hot Lunch – Boston Pizza

February 14
Noon Dismissal

Valentine’s Day – Wear Red Day

February 15 & 16
No School – ATA Conference

February 19
No School – Provincial Family Day

February 21
Kinosoo Ski Trip for 1S, 2S, 2N, 3LG & 4ME

February 22
Hot Lunch – Subway

February 27
School Council Meeting at 6:00 p.m.

February 28
Kinosoo Ski Trip for 1J, 2H, 3D, 4L & 4M

Good Behavior Award Winners from January – Congratulations!

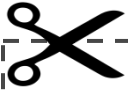
Thanks to all students who receive Good Behaviour Awards every week. There are hundreds of positive behaviours on display on the Wall of Shining Stars beside the library. Stop by to see all the good things our students do to SHINE at Duclos!

Four lucky students were chosen for lunch at A&W with Mr. Cameron. Congratulations to:

1G – Landon Julien
3M – Owen Eberly



2S – CeeJay Wolgien
4M – Zailey Dumais



My Parent Read the Newsletter Contest

Students - Ask your parents to read the newsletter, and fill out this entry. Please return this entry to Duclos School. Entries go into a draw and lucky winners choose a prize from the Treasure Box at the assembly. Good Luck! If you have an emailed newsletter, you can print and send in the entry, or send a note paper with:

Student's Name: _____

Classroom: _____

Parent's Signature: _____

Duclos Kindergarten – 2018 - 2019

New Kindergarten Registrations are welcome. We are happy to welcome you to the Duclos Kindergarten for 2018 - 2019. Please call or stop by for information and to register. You can register online at duclosschool.ca, click the registration link on our home page. We appreciate having students register early. Please note that to attend kindergarten in 2018 - 2019, children must be born before March 1, 2014.

Care to Learn Preschool

Care to Learn Preschool will accept New Registrations online only beginning on April 9, 2018. For more information please call our office and ask to be connected to Preschool.

Duclos Out of School Care

Our Duclos Out of School Care Program is accepting bottle donations at the Bonnyville Bottle Depot. If you are able to help by donating your bottles, just let a staff member know at the Bonnyville Bottle Depot that the donation is towards the Duclos Out of School Care Program. Duclos Out of School Care is raising money for program activities and an end of the year field trip. Thank you for your support.

Duclos Website

Please sign up for our Newsletter by visiting our website at:

duclosschool.ca

Twitter

Duclos has a Twitter account! Be sure to follow us for updates!

[@DuclosSchool](https://twitter.com/DuclosSchool)

Facebook

Please feel free to "Like" us on Facebook. You can find us at **Duclos School NLSD #69**.



Accountability Survey Information for Grade 4 Parents and Guardians:

Soon all grade 4 parents will be receiving in the mail an Accountability Survey from the Alberta government; perhaps it has already arrived.

The information you give through your responses is important to us. This information is used to help create a school plan that is reflective of what you have to say. Please take time to fill out your survey at home. Please send the survey back.

The survey from the Alberta government is designed to find out how satisfied parents, teachers and students are in the following areas:

1. Safe and Caring Schools
2. Access to a Broad Program of Studies
3. Quality Education
4. Student Preparation for the World of Work
5. Building Citizenship
6. Parental Involvement in Child's Education
7. School Improvement



Grade 4 students complete a survey in school called **Our School**. Duclos teachers also complete a survey. The information we receive from the surveys is extremely important to our planning and school improvement goals.

Duclos appreciates that you take time to complete the survey. The information you provide in your responses is important to us. I encourage all parents to watch for this survey in the mail, complete the survey, and send it back.

Tips for Healthy Living

How Exercise Helps Children and Teens: Children as young as preschool age benefit from exercise and fitness as much as adults do. Experts recommend that teens and children (starting at age 5) do moderate to vigorous activity at least 1 hour every day. The activity should:

- Make them breathe harder and make the heart beat faster than normal.
- Make their muscles stronger. For example, they could play on playground equipment, play tug-of-war, do sit-ups, or use resistance bands.
- Make their bones stronger. For example, they could run, play hopscotch, jump rope, or play basketball.

It's okay for them to be active in smaller blocks of time that add up to 1 hour or more each day.

Source: myhealth.alberta.ca - You can check myhealth.alberta.ca for more health information for you and your family.



Happy Valentine's Day!

Tidbits

Ice, Snow, and Water!

Please be careful. With the sudden January thaw and rain, and with daily freezing and thawing, it is getting icy in many locations. Please be careful wherever you go around town, around your home, and around the school and parking areas. We want everyone and all the students to be safe. There can be icy spots on the playground. Please take care.

Do you have questions about Duclos School?

Please be sure to find our Duclos Student and Parent Handbook posted on our website.

You can find the 2017-2018 Handbook by clicking on Documents and find the Handbook link. You can also find a link on the front page of our website under **Quicklinks**.

Fact! School Cash Online

Did you know that parents at Duclos School pay school fees, hot lunch, milk program, and other purchases online using School Cash? Register now!

For your convenience please sign up for School Cash Online: <https://nisd.schoolcashionline.com/>

School Valentine's Activities & Dress in Red Day is on Wednesday, February 14th.

Please watch for more information about Valentine's activities from your child's teacher.

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Why Read Every Day?

Parents (and kids) are busy! It is difficult to “fit in” all that needs to be done in a day. We are often face choices about what stays and what goes in our schedules. So, why is it so critical to include 20 minutes of reading in your child’s daily schedule?



Reading is “brain food”! There is a wealth of research supporting daily reading with your child especially prior to and during the period when he / she is learning to read. Our brains develop as we “feed” them with experiences. The experience of reading (whether you’re the reader or the one being read to) activates and “exercises” many of the areas of the brain. The visual cortex works as your eyes track the words on the page and look at the illustrations. Your memory makes connections between what you already know about the topic of the story and its content. You integrate new information learned through reading further strengthening and growing your network of knowledge. Reading provides one of the most enriching and complex brain activities available in life. Always include 20 minutes of reading in your child’s daily schedule.

Thank You for the Family Literacy Event

Thanks to the Bonnyville Community Learning Council, Bonnyville Municipal Library, Bonnyville and District Literacy Society, the Bonnyville Jr. A Pontiacs, and all volunteers and sponsors of the fun evening of games and interactive literacy activities held at Duclos on January 25th.

Thanks to everyone who attended and helped to make the event such a success. Duclos School is proud to be a partner in this celebration of literacy.

Family Literacy Day - January 27

Family Literacy Day® is a national awareness initiative created by ABC Life Literacy Canada in 1999 and held annually on January 27 to raise awareness of the importance of reading and engaging in other literacy-related activities as a family.

Taking time every day to read or do a learning activity with children is crucial to a child’s development, improving a child’s literacy skills dramatically, and can help a parent improve their skills as well.

Visit the website at: <https://abclifeliteracy.ca/family-literacy>

Thanks Very Much to Canadian Natural Resources for the Donation

Duclos School is happy to receive a generous donation from the CNRL Employee Donation Committee and Canadian Natural Resources Limited.

Thanks to Canadian Natural for the donation of \$11,970.67 for the Duclos accessible – sensory playground. We appreciate your support for the community.

Thank You Duclos Volunteers

Thank you to the Duclos volunteers for their time working at the Canadian Natural 2017 Steak and Shrimp Night. You helped to make this generous donation possible. We appreciate all you do for Duclos School.

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